

- Treat all firearms as though they are loaded.
- Never allow the muzzle to cover (point at) anything you are not willing to destroy.
- Keep your finger off the trigger and out of the trigger guard until your sights are on target and you are ready to fire.
- Be sure you have an acceptable target, know its surroundings, and what is beyond.

Range Notes

◆ 2007 RENEWAL FORM

The 2007 KRRC Renewal Form is enclosed (pages five and six) and also available at the range or online. Remember that ALL members are required to fill out the renewal form to maintain gate access to the range; this includes multiple year and Life Members. Fill out both sides of the application and return with any dues owed and then, if eligible, you'll receive your 2007 badge sticker and be set for the coming year. An article on page four of this newsletter will outline new changes that will become effective as of January 1, 2007 in regards to membership requirements. Be sure to turn in your renewal application as soon as possible so you don't miss a day of Range use!

◆ NEW GATE IS FINALLY HERE!

The automatic gate is here and we are in the process of working out the final details for installation. The new gate will utilize a proximity card system which will require the card to be in close proximity of the card-reader in order to automatically open the gate when entering and leaving the Range (just think...no more messing with the combo lock in the pouring rain!). For those who are eligible (ie: they have attended the Range Safety briefing and are allowed full access to the Range), a \$10 fee will be charged for the card. The card will be mandatory for all those who wish to maintain gate access without a Range Officer on duty as we will get rid of the combo lock as soon as the new gate is functioning. The estimated time for completion of the new gate to be installed and the proximity card system in place is mid January. A HUGE THANK YOU goes out to all of our members who donated almost \$10,000 to make this project a reality.

◆ USPSA MOVES TO THE FIRST SATURDAY OF THE MONTH

USPSA Pistol Matches will move to the first Saturday of each month starting with January 6th, 2007. We have scheduled at least 3 full multi-gun matches which will also occupy the Sunday immediately following the Saturday pistol match. As usual, the rifle line will be closed on the Friday preceding the USPSA matches for match set-up. Check the calendar for dates. We encourage all Club members to either come out and help with the matches (set up, take down and other necessary tasks), participate in the matches, or both. USPSA practice takes place every Tuesday at the Range from 5pm to 9pm and all are welcome to attend. This discipline continues to grow in membership and we hope to see even more of our members participating throughout the coming year.

◆ Annual Election and Club Social Meeting

The Kitsap Rifle and Revolver Club's Annual Election and Club Social Meeting will be held on Thursday, January 11th at 7:30pm at the Boy Scout Hall in Tracyton. The address is 5074 Bunker St NE; Tracyton, WA. All Club members are encouraged to attend as this is one of our biggest meetings of the year. Refreshments will be provided.

January/February 2007 Range Calendar

January 2, 9, 16, 23, 30 (Tuesdays) USPSA practice. 5pm-9pm
January 5 (Friday) Rifle line closed at 2pm to set up for USPSA match. Pistol range open.
January 6 (Saturday) USPSA Match; 7:30am-5pm. Pistol range open.
January 11 (Thursday) Annual Election and Club meeting; 7:30pm at the Boy Scout Hall in Tracyton
January 13 (Saturday) Fun Steel Match; 9am
January 25 (Thursday) New Member Orientation course. 5pm-9pm.
January 27 (Saturday) New Member Orientation course. 9am-1pm

February 2 (Friday) Rifle line closed at 2pm to set up for USPSA match. Pistol range open.
February 3 (Saturday) USPSA Match; 7:30am-5pm. Pistol range open.
February 6, 13, 20, 27 (Tuesdays) USPSA practice. 5pm-9pm
February 8 (Thursday) Club meeting; 7:30pm at the Range.
February 10 (Saturday) Fun Steel Match; 9am
February 12 (Monday) *Lincoln's Birthday*
February 14 (Wednesday) *Valentine's Day*
February 19 (Monday) *President's Day*
February 22 (Thursday) *Washington's Birthday*
February 22 (Thursday) New Member Orientation course. 5pm-9pm.
February 24 (Saturday) New Member Orientation course. 9am-1pm

For more information on the classes and events listed in this calendar, please check out our website at www.gunsafety.org or call the range any time a Range Officer is on duty at 360-373-1007.

* Please note: ALL events listed in this calendar are open to ALL of our members. We encourage your participation and support! USPSA (Action Shooting) is open to all members regardless of ability; basic safety training and some loaner equipment is available upon request for this program.

*Also note: Some courses require pre-registration as there are usually a limited number of spaces available; additional fees may apply. Pre-register by calling the Range at 360-373-1007 any time a Range Officer is on duty. Additionally, a limited number of scholarships are available for some of the listed courses on a case-by-case basis.

A Note to Our Members

The Kitsap Rifle and Revolver Club publishes both a bi-monthly newsletter as well as our online Club website (www.GunSafety.org). All members are welcome to submit articles, information, or other pieces of interest to either of these publications. If you have special skills or abilities related to the shooting sports, publication in one of these forums would be an excellent way in which to share this information with your fellow Club members. Do you know of a Club member who has achieved something special (ie: winning a competition, receiving a scholarship or turning 100 years old)? This would also be information we would love to share with our members. Articles can be submitted by email to April Borbon (aprilborbon@yahoo.com) at any time for inclusion on the website or in an upcoming newsletter. Member participation is greatly appreciated!

Action Shooting Corner

By Earl Jull

Fast eyes = better scores

I thought this would be a good thing to work on at home while it's raining out in the shooting bays.

Increasing your eye speed can have a dramatic impact on your shooting skills. Time lost on target transitions can result in seconds added per stage. Here is a way to increase your eye speed and decrease your target transitions.

Without your gun, take two one inch black dots with a 1/4" white center and put them about five feet apart on your living room wall. Now standing about five feet back bring the white dot on the left one into focus. Quickly snap your eyes only to the other dot and bring the other white center dot into focus. Don't move your head, use just your eyes. Now go back and forth as fast as possible bringing the center dot into focus each time. You will probably start noticing how your eyes first locate the black dot with your peripheral vision and then how your eyes zero in on the center and bring it into sharp clarity. Try this for a couple of minutes. You will probably develop a light headache, take a break and repeat. Your eyes have never had to work this hard before. Once you see some improvement put one dot three feet above the other one and practice vertical transitions with your eyes.

Now, move the dots back to the horizontal plane and put one just out of view. This way you have to move your head to get to it. Your eyes

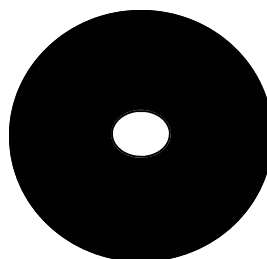
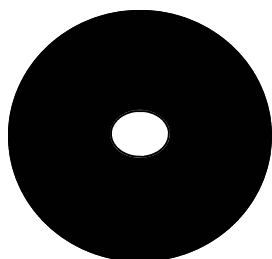
always lead everything! They are the fastest part on the human body. Use your eyes to snap over and start searching for the other dot, your head then automatically follows.

It's time to add the gun--*unloaded with no ammo in the vicinity of your practice area!* Bring the front blade into focus after clearly focusing where you want the bullet to go – this is on the first white spot - then pull the trigger smoothly. Now snap your eyes to the other dot, focus clearly on the white spot. The gun will be catching up with your eyes and slowing to the white spot where you will pull the trigger again. DO NOT slam the gun to a stop, slide it into position. A good analogy for this is braking your car coming up to a stop sign. You don't hit the brakes at the stop sign, you start preparing to stop earlier (except for those who California Stop). What you don't want to see is the front sight jiggling around when the gun stops.

Practice smooth perfect transitions before trying to speed up. You have to teach your body what you want it to do before going faster. This also applies to reloads, draws, etc. and will help when you go faster so that you won't have any extra unneeded movements that waste time. Burn it in and then speed it up.

Have fun and I'll see you out there,
Earl

Cut out these circles for use with target practice as described above...



NEW MEMBERSHIP REQUIREMENTS

2007 brings a few changes as there has been a change in our bylaws (available online and at the range) and in our requirements to maintain status as a "Member in Good Standing". With 1100+ members, and only about 30 people showing up for any sort of a work party, and maybe a total of 50 that contribute in any form whatsoever, there has been much discussion over the years on how to maintain and improve our facilities to support the membership and the community without totally burning out those that carry the bulk of the load. It has boiled down to 3 possible solutions. Either we raise the dues so we can pay someone to do the necessary work; mandate work parties; or both. What the club has decided to try for 2007, (overwhelmingly approved at the November meeting), is to keep our base dues at \$60 and provide each member with an opportunity to choose for themselves whether they want to raise their own dues, help out the club in some other way, or both.

We have developed a "Club Participation Credits" punch card, very similar to the coffee punch cards you get from your local espresso shop. There are 10 stars on the punch card and they can be picked up at the range. A star will be punched out by a Range Officer (we have a special punch) for each hour given, or needed material donations made, to Your Club as part of a Club-approved support activity. When the card has been punched out, you simply turn it in to the Club with your name, phone number and member number written on the back and you will be credited and your dues for 2008 will remain \$60. For EACH star not punched out, you will owe \$10 in addition to the regular dues.

SPECIAL BONUS! Now for some real incentive! Each time a card is punched out, it will be put in a drawing for some very nice prizes, including a firearm valued at over \$500, all to be drawn at the 2008 Election and Social Meeting. For every 250 cards turned in, another firearm will be put up for grabs. Every member can put in more than one card.

Some examples of how this new policy will work:

Example #1 - Throughout 2007 you are able to give 10 hours of volunteer time to your Club. At the end of the year, you turn in your punch card with your 2008 renewal form and \$60, and you'll be good for 2008 with one entry for the new year drawing.

Example #2 - Throughout 2007 you were able to give 8 hours to your Club, you will turn in your punch card with \$20 for the two stars that remained unpunched and \$60 for your standard dues payment for a total of \$80 to renew for 2008.

Example #3 - Throughout 2007 you don't do anything but use the range to shoot and do not earn any participation credit, you will owe your \$60 dues plus \$100 for the 10 unearned participation credits for a total of \$160 to renew for 2008 or any subsequent year.

Example #4 - Throughout 2007 you were able to sign up 2 new members, you gave a couple of hours of your time helping to supervise the Junior smallbore program, a neighbor gave you some building materials you donated to the club and deemed by the Executive Officer to be needed and worth the rest of your card, your dues remains the same.

We will have regular work parties to help those who like to work in a group atmosphere, however, with Range Officers on duty regularly Tuesday through Friday from 11am until 7pm and Saturdays from 8am until 4pm, you can come down virtually anytime and there will be something available for you to do. Just call the range to make arrangements.

Here are some of the ways you can earn your Club Participation "stars":

1. Buy them...\$10ea. I would rather have your time, but if you have more money than time, we'll take that too. (Both is better)

2. Recruit new members. For each NEW member you sign-up you get credit for 1 star. A new member is someone who is not in our database as a past member. Our database goes back approximately 20 years. If they are in the database, they are not a new member.

...continued on page 7

SAFETY QUIZ (multiple choice):

1. When transporting an uncased/unholstered firearm around the range it must be unloaded, action open, magazine removed and the muzzle is generally to be pointed _____.
 - a. straight up
 - b. straight down
 - c. at the target line
 - d. up range
2. A "HOT" range is when you **must** _____.
 - a. Fire at will
 - b. stand in front of the office air conditioner
 - c. wear eye and hearing protection
 - d. uncase all firearms
3. An approved target does NOT include _____.
 - a. Paper
 - b. glass bottles
 - c. clay pigeon
 - d. cardboard
4. Never allow the _____ to cover anything you are not willing to destroy.
 - a. breech
 - b. bullet
 - c. muzzle
 - d. sights
5. A "CLEAR" firearm is _____.
 - a. unloaded
 - b. magazine removed
 - c. action locked open
 - d. a, b, and c
6. Treat _____ firearms as though they are loaded.
 - a. some
 - b. most
 - c. mine
 - d. all
7. The recognized terms for an emergency shut down of the firing line are _____.
 - a. STOP!
 - b. CHECK YOUR FIRE!
 - c. CEASE FIRE!
 - d. CALL 911!
8. When the range is declared "COLD", you must _____.
 - a. put on a coat
 - b. put all your firearms away
 - c. not touch any firearms
9. Keep your finger off the trigger and out of _____ until your sights are on target and you are ready to shoot.
 - a. the barrel
 - b. your nose
 - c. the trigger guard
 - d. the action
10. All fired bullets and slugs must positively impact _____.
 - a. an impact berm
 - b. the ground
 - c. a big tree
 - d. world peace

SURVEY QUESTIONS:

Do you have any special skills or materials you would like to donate to the Club in 2007?

If so, please describe: _____

Did you attend any general membership meetings in 2006? ___ Yes ___ No

Did you use the Club website, www.GunSafety.org, in 2006? ___ Yes ___ No

If so, what aspect did you use most? _____

Would you be interested in Club swap meets? ___ Yes ___ No

Do you want to participate in CMP qualification in 2007? ___ Yes ___ No

Please circle all matches, leagues, or competitions in which you regularly participate or would be interested in seeing come to KRRC: Bullseye Pistol; USPSA; Fun Steel; Cowboy Action, Handgun Silhouette, IDPA; Benchrest; Other: _____

Is there ONE improvement you would like to see made in the Club's facilities in 2007?

If so, please describe: _____

Is there ONE change in club policy you would like to see made in 2007?

Is so, please describe: _____

Is there ONE piece of equipment you would like to see the Club purchase in 2007?

If so, please describe: _____

NEW MEMBERSHIP REQUIREMENTS ...continued from page 4

3. Help out at a work party. These will be scheduled throughout the year and posted on the Club web site. Talent and/or tasks that are needed for our work parties are: general cleanup; landscaping; equipment operation, painting; target stand construction; target repair; maintenance of Club equipment including dump truck, backhoe, tractor, bronco; and facilities maintenance and improvement and etc...etc...etc.
4. Help out a Club Activity. Club disciplines such as Bullseye Pistol, USPSA, Fun Steel, Classes, Family Fun Days, Courage Classic and others all have special match days and events that need extra help to prepare for and help run those events.
5. Become a Range Officer. We need lots of folks to step up, get trained and be on the front line in the battle for our image and our Range. Being a Range Officer is not for everyone as it requires a great deal of commitment between a special 8 hour class, 20 hours of training, first aid certification and other requirements, however, it is greatly rewarding and much needed.
6. Donate materials. We need materials to get most jobs done around the Range. Not that we're too picky, but the materials need to be approved prior to donation and getting credit. Lumber, screws, doors, concrete, excavators, bulldozers, steel beams, roofing material...everything is needed.
7. Use your home, shop or business. Got a wood shop...perhaps you can make us target stands out of scrap, or shelves and cabinets for our storage boxes. Metal shop? Again, target repair and construction. Printing or graphics savvy? We always need printing and promo materials. Food services? How about feeding, or at least preparing food a work party or event?

What can you do to benefit your club? We are always open to suggestions and will be looking for other creative ways to get the membership involved so we can finish what others have started and create the finest family oriented recreation and sports facilities anywhere!

I hope this has clarified the new system and will inspire you to be creative about helping your Club. WE NEED YOU!...not to be a customer, but a **Member of Kitsap Rifle & Revolver Club!**

Rapid Medical Care and CPR

By Marcus Carter

I've taken several "First Aid" courses over the years, most I have found to be filled with redundant old school information with varying levels of hands-on involvement and presented by a wide range of instructional talent. As one who truly believes "all training is good training" and makes an honest effort to pull whatever nuggets of information I can out of life, virtually all of these classes are dry repetition with valuable time spent for little gain. That has just changed.

I, and much of our Range Officer staff have just finished the finest course in basic first aid I have had the pleasure to attend, due in LARGE part one of our newest Club members, instructor Jerry Rule of Emergency Training Consultants (E.T.C.). Jerry's qualifications include the past 7 years serving with the Metro Swat Team as the *Medical Element Team Leader*; 11 years with the North Puyallup Fire Department as *Training Officer* and *Fire Captain*; 6 years of service in Wildfire Aviation, U.S. Forrest Service as *Incident Commander*, *Helicopter Manager* and *Crew Boss*; 8 Years with Tacoma Mountain Rescue as *Rescue Operations Leader*, *E.M.T.*, and *Field Operations Leader*, and etc. In his spare time, as if he had any, Jerry works with Tactical Tailor creating some of the finest tactical gear made today.

Jerry's extensive experience along with his demonstrated passion to pass on the most useful, practical, science backed information to date, has resulted in him forming E.T.C. Witnessing a substantial gap in the basic training offered by the established first aid trainers and what could have been done prior to EMT's arriving on site to maximize successful treatment, Jerry goes well above and beyond the "ABC's" in demonstrating to his students the importance of not getting tunnel vision, but to get all the pertinent information possible and provide effective rapid medical care, to give a substantial leg up to the professional help when it arrives.

We are proud to add Jerry to our list of World Class instructors who utilize our facilities, and encourage all to look for listings of his classes in the future. His classes include subjects like backwoods first aid and rescue, repelling, and many more. I, for one, look forward to attending them all.

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